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1. To begin, go to OhioWebLibrary.org.
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> Articles from magazines and journals

3. Scroll down to "EBSCOhost" and click on those words.

OR Type <http://ohioweblibrary.org/ebSCO> into your browser's address bar.

The screenshot shows the EBSCOhost search interface. At the top, there is a navigation bar with links for "New Search", "Subjects", "Publications", "Images", and "More". On the right side of the navigation bar are links for "Sign In", "Folder", "Preferences", "Languages", and "Help". Below the navigation bar is the EBSCOhost logo and a search box with the placeholder text "Enter any words to find books, journals and more". To the right of the search box is a green "Search" button. Below the search box are links for "Search Options", "Basic Search", "Advanced Search", and "Search History".

The "Search Options" section is expanded, showing various filters. A callout box points to the search box with the text: "An easy way to begin is to type a word or phrase into the box and click on the green 'Search' button." Another callout box points to the "Full Text" checkbox under "Limit your results" with the text: "Make sure this box is checked if you only want to read a full article." A third callout box points to the "Apply related words" checkbox with the text: "If you're looking for scholarly works or serious research, make sure this box is checked." A fourth callout box points to the "Published Date" section with the text: "You can limit your search to works published in a certain time frame using this feature."

EBSCOhost is brought to you by Libraries Connect Ohio, a partnership of Ohio's library networks: the Ohio Public Library Information Network (OPLIN), INFOhio, and OhioLINK. Access to this resource is funded in part through an Institute of Museum and Library Services LSTA grant awarded by the State Library of Ohio.

Revised 12/2016

Here are sample search results. To read more about an article, including an abstract or summary, click on the title.

The screenshot shows the EBSCOhost search results page. The search term is "wellness programs in the workplace". The results are sorted by Relevance. The first result is "Healthy and productive workers: using intervention mapping to design a workplace health promotion and wellness program to improve presenteeism." by Ammendolia, Carlo; Côté, Pierre; Cancelliere, Carol; Cassidy, Chantal. The second result is "Variability and Limits of US State Laws Regulating Workplace Wellness Programs." by Pomeranz, Jennifer L.; Garcia, Andrea M.; Vesprey, Randy; Davey, Adam. The third result is "The Risks Of Using Workplace Wellness Programs To Foster A Culture Of Health." by Madison, Kristin M. The left sidebar shows "Refine Results" with "Current Search" set to "wellness programs in the workplace". Under "Limit To", there are checkboxes for "Full Text", "Peer Reviewed", and "Image Quick View". Under "Source Types", there are checkboxes for "All Results", "Magazines (7,751)", "Academic Journals (3,926)", "Journals (2,374)", "Trade Publications (1,523)", and "News (365)". The "PDF Full Text" link is highlighted for the first result.

Click "PDF Full Text" to view the complete article. If you do not see the words "PDF Full Text" or "HTML Full Text" below a search result, that result may be a citation or reference to the article.

You can limit your search to certain types of publications by clicking the check boxes.

Here is a sample article.

The screenshot shows the detailed record for the first search result. The title is "Healthy and productive workers: using intervention mapping to design a workplace health promotion and wellness program to improve presenteeism." The authors are Ammendolia, Carlo; Côté, Pierre; Cancelliere, Carol; Cassidy, Chantal. The document type is "Article". The subject terms are "Employee health promotion", "Presenteeism (Labor)", "Absenteeism (Labor)", "Medical care costs", and "Job stress". The author-supplied keywords are "Health promotion", "Intervention mapping", "Presenteeism", "Qualitative study", "Work productivity", "Workplace health", and "Workplace wellness". The abstract is: "Background: Presenteeism is a growing problem in developed countries mostly due to an aging workforce. The economic costs related to presenteeism exceed those of absenteeism and employer health costs. Employers are implementing workplace health promotion and wellness programs to improve health among workers and reduce presenteeism. How best to design, integrate and deliver these programs are unknown. The main purpose of this study was to use an intervention mapping approach to develop a workplace health promotion and wellness program aimed at reducing presenteeism. Methods: We partnered with a large international financial services company and used a qualitative synthesis based on an intervention mapping methodology. Evidence from systematic reviews and key articles on reducing presenteeism and implementing health promotion programs was combined with theoretical models for changing behavior and stakeholder experience. This was then systematically operationalized into a program using discussion groups and consensus among experts and stakeholders. Results: The top health problem impacting our workplace partner was mental health. Depression and stress were the first and second highest cause of productivity loss respectively. A multi-pronged program with detailed action steps was developed and directed at key stakeholders and health conditions. For mental health, regular sharing focus groups, social networking, monthly personal stories from leadership using webinars and..." The right sidebar shows "Tools" including "Add to folder", "Print", "E-mail", "Save", "Cite", "Export", "Create Note", "Permalink", and "Share". The "Images" section shows a thumbnail of the article's cover page.

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A short summary or abstract of the article is available here.