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1. To begin, go to [OhioWebLibrary.org](http://ohioweblibrary.org).
2. Click on the arrow beside the phrase “Articles from magazines and journals”:

➤ Articles from magazines and journals

3. Scroll down to “EBSCOhost” and click on those words.

OR Type <http://ohioweblibrary.org/ebsco> into your browser’s address bar.

The screenshot shows the EBSCOhost search interface. At the top, there is a navigation bar with links for New Search, Subjects, Publications, Images, More, Sign In, Folder, Preferences, Languages, and Help. Below the navigation bar is a search bar with the placeholder "Enter any words to find books, journals and more" and a green "Search" button. A callout box with a purple border and a blue arrow points from the text "An easy way to begin is to type a word or phrase into the box and click on the green “Search” button." to the search bar area. The main search area includes sections for "Search Options" and "Search Modes and Expanders". In the "Search Options" section, there is a "Reset" button. In the "Search Modes and Expanders" section, there are several checkboxes: "Boolean/Phrase" (unchecked), "Find all my search terms" (checked), "Find any of my search terms" (unchecked), "SmartText Searching" (unchecked), "Full Text" (unchecked), "Publication" (unchecked), "Image Quick View" (unchecked), "References Available" (unchecked), "Apply related words" (unchecked), "Also search within the full text of the articles" (unchecked), "Apply equivalent subjects" (unchecked), "Peer Reviewed" (unchecked), and "Published Date" (with dropdown menus for Month and Year). A callout box with a purple border and a blue arrow points from the text "If you’re looking for scholarly works or serious research, make sure this box is checked." to the "Peer Reviewed" checkbox. Another callout box with a purple border and a blue arrow points from the text "Make sure this box is checked if you only want to read a full article." to the "Full Text" checkbox. A third callout box with a purple border and a blue arrow points from the text "You can limit your search to works published in a certain time frame using this feature." to the "Published Date" section.

Here are sample search results. To read more about an article, including an abstract or summary, click on the title.

Screenshot of EBSCOhost Academic Search Premier search results for "wellness programs in the workplace".

Search Results: 1 - 10 of 17,683

- 1. Healthy and productive workers: using intervention mapping to design a workplace health promotion and wellness program to improve presenteeism.**
By Ammendolia, Carlo; Côté, Pierre; Cancelliere, Carol; Cassidy, Charles; Charette, Daniel. *American Journal of Health Behavior*. Presenteeism is a growing problem in developed countries. **Subjects:** Employee health promotion; Presenteeism (Labor); Absenteeism (Labor); Medical care costs; Job stress.
- 2. Variability and Limits of US State Laws Regulating Workplace Wellness Programs.**
By Pomeranz, Jennifer L.; Garcia, Andrea M.; Vesprey, Randy; Davey, Adam. *American Journal of Public Health*. Jun2016, Vol. 106 Issue 6, p1028-1031. 4p. 1 Chart. DOI: 10.2105/AJPH.2016.303144. Database: Professional Development Collection. We examined variability in state laws related to workplace wellness programs for public and private employers. We conducted legal research using LexisNexis and Westlaw to create a master list of... **Subjects:** UNITED States; OCCUPATIONAL health services – Law & legislation; HEALTH; HEALTH promotion; INCENTIVES in industry; PUBLIC health; STATE governments; TAXATION; PRIVATE sector; PUBLIC sector; GOVERNMENT regulation.
- 3. The Risks Of Using Workplace Wellness Programs To Foster A Culture Of Health.**
By Madison, Kristin M. *Health Affairs*. Nov2016, Vol. 35 Issue 11, p2068-2074. 7p. DOI: 10.1377/hlthaff.2016.072. Database: Business Source Premier. In many respects, employers are well positioned to take a leading role in helping create a culture of health. Employers have access to many programs that could be beneficial to their employees'... **Subjects:** HEALTH insurance; CORPORATE culture; DISCRIMINATION; WORK environment; UNITED States. Health Insurance Portability & Accountability Act of 1996; UNITED States. Americans with Disabilities Act of 1990; Direct

You can limit your search to certain types of publications by clicking the check boxes.

Click “PDF Full Text” to view the complete article. If you do not see the words “PDF Full Text” or “HTML Full Text” below a search result, that result may be a citation or reference to the article.

Here is a sample article.

Detailed Record

PDF Full Text (3.2MB)

Find Similar Results using SmartText Searching

Authors: Ammendolia, Carlo^{1,2,3} ammendolia@mtsinai.ca

Document Type: Article

Subject Terms: *Employee health promotion
*Presenteeism (Labor)
*Absenteeism (Labor)
*Medical care costs
*Job stress

Author Supplied Keywords: Health promotion
Intervention mapping
Presenteeism
Qualitative study
Work productivity
Workplace health
Workplace wellness

Abstract: Background: Presenteeism is a growing problem in developed countries mostly due to an aging workforce. The economic costs related to presenteeism exceed those of absenteeism and employer health costs. Employers are implementing workplace health promotion and wellness programs to improve health among workers and reduce presenteeism. How best to design, integrate and deliver these programs are unknown. The main purpose of this study was to use an intervention mapping approach to develop a workplace health promotion and wellness program aimed at reducing presenteeism. Methods: We partnered with a large international financial services company and used a qualitative synthesis based on an intervention mapping methodology. Evidence from systematic reviews and key articles on reducing presenteeism and implementing health promotion programs was combined with theoretical models for changing behavior and stakeholder experience. This was then systematically operationalized into a program using discussion groups and consensus among experts and stakeholders. Results: The top health problem impacting our workplace partner was mental health. Depression and stress were the first and second highest cause of productivity loss respectively. A multi-pronged program with detailed action steps was developed and directed at key stakeholders and health conditions. For mental health, regular sharing focus groups, social networking, monthly personal stories from leadership using webinars and

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